

RAG MAG

2022/23



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WELCOME TO RAISE AND GIVE SOCIETY

If you're passionate about fundraising and helping your local community, then RAG society is for you! We hold a huge variety of fundraising events and volunteering projects throughout the year, as well as celebrating days of diversity and equality through engaging activities on campus.

We provide you the with opportunity, to make a difference while getting stuck into uni life. The opportunities are endless and right here with us!

We've got you covered with everything, from exhilarating endurance challenges that give you that rush of adrenaline to just joining a pub quiz. If you're interested in making a real difference during your time at the University of Leeds, as well as making friends for life, come and join Leeds RAG this year!

Come find us at the RAG office, Level 2 in the LUU building for a quick chat!

THE RAG ETHOS

Leeds Raise and Give is the official, student-led fundraising and volunteering society here at Leeds University Union. We are a student-oriented society that works to fundraise and support our main charity partnerships through organising events and challenges, whilst providing students with exciting experiences to help them love their time at Leeds.

Alongside fundraising, we aim to give our members the opportunity to develop vocational skills through leadership and the experience of organising charitable events. We seek to work with responsible partners and run most of our activities 'in-house'.

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LEEDS RAG



We actively pursue collaborations with other societies in Leeds University Union to facilitate the fundraising of all students at the University of Leeds. Though the years, Leeds RAG has supported a wide variety of local, national and international charities.

This year, we will be focusing on supporting our four local charity partnerships, our three endurance challenge charities, and our two incredible international charities based in Uganda and India. We also will have the annual abseil down the Micheal Sadler building!

Our charities are always at the centre of what we do. We wish to raise awareness of their invaluable work, and fundraise as much as we can, with your help!



@LEEDSUNIRAG

OUR CHARITIES THIS YEAR



RESTLESS DEVELOPMENT

Restless Development is a non profit global agency that supports the collective power of young leaders to create a better world. Every year we train, mentor, nurture and connect thousands of young people across the globe to lead change.

SIMON ON THE STREETS

Turning rough lives around

The main aim of Simon on the Streets is to provide emotional and practical support to homeless and vulnerable people. In an ideal world, Simon on the Streets wouldn't exist and so one of our main aims is to end homelessness.

COACH CORE

Coach Core is a social mobility charity that aims to improve the employability and life-chances of disadvantaged young people. We help young people in Leeds and across the UK, access skills, confidence and knowledge.

YOUNG LIVES vs CANCER

Young Lives vs Cancer's vision is that everyone under 25 with cancer, and their families, will get the support and help they need during their cancer treatment and beyond. We want them to thrive, not just survive, and for everyone to join in that mission.

A NOTE FROM

OUR PRESIDENTS

Hello everyone,

On behalf of everyone on the Leeds Raise And Give committee, welcome to another year of our brilliant society!

Leeds RAG has been part of the University of Leeds for a long time and we feel incredibly lucky to be your co-presidents for the 22-23 academic year. Our committee are passionate and excited to be fundraising for a variety of great causes.

If you are new to Leeds, firstly, congratulations on getting here! Leeds RAG is proud to represent our students and alumni as the Union's official fundraising society.

Since 2012, Leeds RAG has raised over £1,000,000 for charity making a huge impact locally, nationally, and internationally through volunteering & fundraising.

Sayali & Kat
(she/her) (they/them)
Co-Presidents
president.leedsrag@gmail.com

Events

Our flagship events include the iconic Leeds RAG Fashion Show, the Michael Sadler Abseil, and our annual RAG week fundraising drive. And from First Dates to Take Me Out, there's an event for everyone looking for love while raising money for charity.

This year, we've partnered with 4 incredible organisations who do amazing work in the Leeds and wider Yorkshire community. This year also marks the introduction of a partnership with challenge providers Endeavours Adventures.

We are also proud to announce the return of RAG's long standing international projects in Uganda and India, strengthening our relationships with Softpower Education and Snehalya. From building schools to volunteering at women's shelters, our international connections are a constant source of pride.

And with that, enjoy this year's issue of RAG MAG!

OUR 2022/23



KAT PADMORE

PRESIDENT



SAVALI CHAUHAN

PRESIDENT



LARISSA GUPTA

SECRETARY



VICKRY NGUYEN

TREASURER



NEREA ZAMBRANO

VIDEOGRAPHER



JESSIE WONG

VIDEOGRAPHER

COMMITTEE



SOPHIE BROOME

ART DIRECTOR



KELSEY CAMPBELL

EVENTS COORDINATOR



HOLLIE TUFFNELL

LOCAL AND INTERNATIONAL VOLUNTEERING COORDINATOR



PALAK PARWANI

SOCIAL SECRETARY



SHALVIKA KASANA

COMMUNITY FUND COORDINATOR



EMILY HYNES

CHARITY & FUNDRAISING COORDINATOR

RAG EVENTS

Leeds RAG Events is back and has something for everyone! Whether you would like to get stuck in with our two great committee (Leeds RAG Events & Leeds RAG Fashion Show) or attend our fantastic fundraisers throughout the year.

LEEDS RAG FASHION SHOW

LRFS is Leeds Unis' biggest student-led event, raising money for its two chosen charities; Young Minds and Leeds Survivor-Led Crisis Service. At LRFS we celebrate fashion, art, and inclusivity! Applications to join the committee are now open, and there is a host of way to get involved from marketing, modelling, sustainability and finance, to help us produce an unmissable event. The link to apply is on our Instagram, don't miss out on the chance to get involved!



FIRST DATES

Let Leeds RAG First Dates be your personal cupid. In this annual matchmaking extravaganza, Leeds RAG will do their best to set you up on the date of your dreams in our own First Dates Restaurant!



BLIND DATES

Last year Leeds RAG launched a brand-new event, Blind Dates, and this year we will be bringing the show back! Leeds RAG will be giving you the opportunity to live out the show in the hopes of finding the one.



If you would like to get involved behind the scenes of our Leeds RAG Events or bring a new idea, applications are also open for a role on the events committee. Follow us on Instagram and Facebook to keep up to date with all our events this year!

Kelsey Campbell
Events Coordinator



@LEEDSRAGFASHIONSHOW

@LEEDSRAGEVENTS

RAG WEEK

SEMESTER 2

Make sure to join in on the Leeds RAG society's annual charity event RAG week for a variety of fun events to support the local community. Join us for an entertaining week of events to raise funds which will be used to aid local charities with their operations.

If you're feeling brave, make sure to join us for the Michael Sadler Abseil where you get to abseil down the Michael Sadler building on campus and get a scenic view of the campus from above. Other events which are likely to excite you include a pub quiz, concert, bake sale and more!

Taking part in RAG week will guarantee you an entertaining and fun week while making a difference. We look forward to seeing you there!



EQUALITY AND DIVERSITY

We're incredibly proud to be led by a team of students who cross a range of gender identities, races, disabilities, nationalities and socio-economic backgrounds. Representation is a key part of our ethos of inclusivity and equity, and we are determined to use our influence as the Union's official fundraising society to champion causes and communities who are underserved and underrepresented. Our key events include:

BLACK HISTORY MONTH

After two years of increasing awareness around the structural racism embedded within our cultural institutions, RAG want to spend time in October to ensure the vital work of anti-racist activism and empowerment continues here at Leeds. We will host a range of talks, events and promotions for Leeds and Yorkshire-based charities who support people of colour and minority ethnic communities, as well as ensuring our members and committee engage in anti-racist practices throughout the year.

INTERNATIONAL WOMEN'S DAY

Our work with Women For Women International this year will pave the way for a series of events that celebrate female-identifying people in the Leeds community and beyond. RAG will be making connections with the incredible societies that support our female peers, including the Black Feminist Society and Women Own It, to raise vital funds for women's liberation, safety, and wellbeing.

LGBTQ AWARENESS MONTH

Queer identities, especially those of our trans and gender non-conforming peers, are continually under threat by a wave of discriminatory legal battles and social prejudice. Leeds RAG wish to use the platform of Pride month to support local charities and communities that offer protection and solidarity to those who identify as part of the LGBTQ+ community, especially those facing discrimination against their gender identity. Trans rights are human rights, and we will celebrate and support every member of the LGBTQ+ community this Pride month and beyond.

INTERNATIONAL MEN'S DAY

Suicide is still one of the leading causes of death for men under 50. This year, Leeds RAG wants to take the time to acknowledge the social pressure on our male-identifying peers to conform to harmful patriarchal standards. Focusing on mental health, toxic masculinity and communication skills, we will be holding events that highlight the benefits of supporting men with their mental health and empowering them to challenge the expectations of our culture.

Alongside these flagship times for equity and equality at LUU, RAG will continually celebrate and support the diverse student body we are honoured to share our time at Leeds with. Nothing about us, without us.

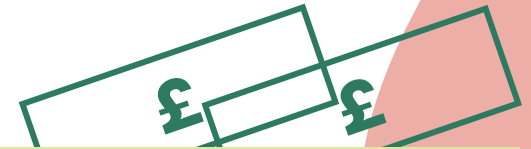
Kat Padmore (they/them)

Co-President

LOCAL PROJECTS

We will have local volunteering role opportunities opening soon.

If this interests you at all please contact Hollie on: localprojects.leedsrag@gmail.com



INTERNATIONAL PROJECTS

In collaboration with two international charities, RAG will be organising opportunities for volunteers to spend time working to benefit local communities in either India or Uganda this summer.

SNEHALAYA

Based across the Ahmednagar District of Maharashtra, India, Snehalaya's work to prevent and address inequality, cruelty and discrimination against women and children has spanned some 32 years.

RAG and Snehalaya are looking for capable and committed volunteers with a proactive approach to assist in several of the charity's projects for a fixed, yet to be confirmed, duration in the summer of 2023.

Hollie Tuffnell

Local and International Volunteering Coordinator

SOFT POWER EDUCATION

Soft Power Education (SPE) has been working in the Jinja District of Uganda since 1999. For 23 years, they have focused on providing an alternative, free of charge education to children from the communities of Kyabirwa and Buwenda as well as therapy and educational support to over 150 families with children with special needs.

RAG and Soft Power Education are keen to recruit volunteers who have realistic expectations of volunteering in remote areas abroad. Dates and fees for 2023 are to be confirmed, however, volunteers will likely arrive in Uganda anytime between May and August for 4 weeks.

OUR CHALLENGE LEADERS



THREE PEAKS TREK

Richa Gautam

MA Global Fashion Management

Fun fact: "I dream about other galaxies"

FIRE AND ICE TREK

Ella White

BA International Business
Year 2

Fun fact: "I love to travel"



FIRE AND ICE TREK

Ananda Mittal

BSc Medicine
Year 2

Fun fact: "The drunker I get, the more social I am"



CHARITY SKYDIVE

Penelope Milner

BA Geography with Quantitative
Methods
Year 3

Fun fact: "I once saw Helena
Bonham Carter in Manchester"

CHARITY SKYDIVE

Charlie Aldous

BA Philosophy, Politics, Economics
Year 2

Fun fact: "I may have developed a
small cult following in kesick"



**ENDEAVOURS
ADVENTURES**

RAG
raise & give

ENDEAVOURS

ICELAND FIRE AND ICE TREK

We are partnering with Endeavours Adventures to take part in one of National Geographic's top 20 best treks as well as raising money for an amazing charity, the National Autistic Society. This is an exciting 7 day adventure in Iceland, trekking over the geothermal hot spots of Landmannlaugar and the deep green valleys of Thórsmörk, exploring through canyons and vast deserts of black sand. At the end of each long trekking day we will relax in Icelandic huts and learn about the culture over warming home cooked food, fuelling up ready for another day of adventure. We will be exploring the breath-taking volcanoes and glaciers of the beautiful Iceland all in the name of charity, so why not get involved!



THREE PEAKS TREK

As part of the RAG Fundraiser that will support the women affected by war and conflict, we will be climbing the three highest peaks in UK - Ben Nevis, Scafell Pike and Snowdon within 24 hours tentatively in July 2023 to set a record and garner as much support as we can. I invite you to join us in on this adventure with a golden cause.



ADVENTURES

CHARITY SKYDIVE

This is a tandem skydive a once in a lifetime opportunity and people should attend because of that alone however to sweeten the deal its raising funds for Alzheimer's research Uk. If this interests you, once you have registered you organise charity events to raise money to the target of 450 pounds in this endeavour you will be aided by the challenge leaders for this endeavour. Their role is to provide 1-2-1 support for you and also to help you work with our charity partner.





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